



# Meals on Wheels

Ku-ring-gai & Hornsby



You & your car can  
put a smile on  
someone's face

Do you have a car and a few hours a week, fortnight or  
month to spare between 10:30am & 12:30pm?

**Hornsby Meals on Wheels** need volunteer drivers to  
deliver meals throughout the Hornsby Shire. You may  
be the only human contact a client has during the day.

A few hours can really make a difference

Find out how you can help

**9482 2088**

We would love to hear from you