

Loreto Normanhurst presents an opportunity not to be missed:

Parent and Student Study Skills Evening

with
Dr Prue
Salter

To: Parents & Students of Year 7

(and Year 8 students who missed out last year or would like a refresher)

Would you like to know the secrets to success in high school?

**YEAR 7 PARENT/STUDENT
'STUDY SKILLS' EVENING
Monday 1st April 2019, 7-8.30pm
@ Loreto Normanhurst**

This is an interactive evening for parents and students that outlines tools and techniques for students to achieve their personal academic best. Please arrive 5-10 min prior to collect the family handout.

Parent/Guardian(s) and students should **attend together** as the session is very interactive, the session will not be of full value unless both the students and a parent attend.

Both students and parents also need to **bring along a pen** (and one highlighter for the family) and the school diary.

The main areas that will be covered are:

- Managing homework and assignments effectively by efficient time management.
- Learning to be more organised for school and at home.
- Working and studying effectively in high school.

Dr Prue Salter is the founder of ELES (www.enhanced-learning.net) and an expert in the area of study skills.

Dr Salter has conducted over 5000 study skills seminars across Australia and Asia, has written 20 study skills resource kits for schools and is the creator of the online and interactive study skills website (www.studyskillshandbook.com.au) used by more than 120000 students.

Dr Salter's PhD explored whole-school integrated approaches to developing students' self-regulated learning skills.



**Enhanced Learning
Educational Services**
"the study skills specialist"

"The study skills evening with Dr Salter has given my son a new resolve to do his best in everything as opposed to just doing well with subjects he likes. We have set up his work station in a quiet atmosphere, with all electronics and loud music willingly turned off by him during his timetabled study periods."

"Prue's presentation was excellent; the use of diary and study notes; the pace and communication were really good. We would like to express our appreciation to the school for providing this opportunity to attend with our child."

"This session presented really good ideas to help parents understand the demands students experience in high school."

"This was all common sense stuff that I have been trying to explain to my daughter. It also gave me an insight into how I can help my daughter to organise herself better and not leave things to the last minute making the whole family go on a roller coaster."

"The whole presentation was very valuable and provided very useful and practical ideas that we can implement at home."

"The session enabled my son and I to have a dialogue about how he is working and create an action plan together. An extremely satisfying session for parents as much as for students."

"Loved the practical tips and handouts. This has set my daughter up for developing great study skills. Many thanks – I wish I had this opportunity when I was at school."

"This was a great chance to discuss with my son in a shared context. We had really good conversations about his learning."

"I found it enlightening talking to my child about the issues of his studying and how he can concentrate better in class."

"Thank you once again for last night's presentation. I was very impressed with the session, and equally so by the way in which students and parents responded. Have already received many complimentary emails at school this morning."

