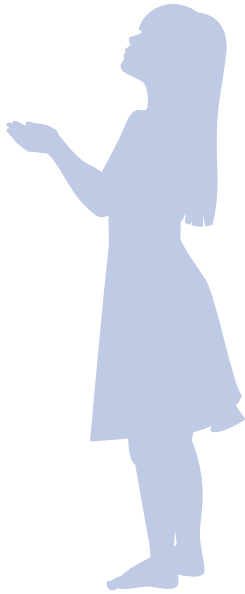




loretonormanhurst



YEAR 7 PARENT WORKSHOP: **THE RESOURCEFUL ADOLESCENT PROGRAM**

Presented by:
Lorraine Cushing-Kléber

All parents are encouraged to attend this workshop focusing on building resilience and promoting positive mental health in teenagers

FRIDAY 23 MARCH 2018

7:00PM - 8:00PM

CURRAN THEATRE | LORETO NORMANHURST



LORRAINE CUSHING-KLÉBER

M.Ed. (Educational Psychology), Post. Grad. Dip. Psych
Grad. Cert. Health Psych., B.Ed., Dip. Counselling
PhD (Candidate)

Lorraine is a registered psychologist and counsellor with post graduate qualifications in both Educational and Health Psychology. Lorraine has worked in a range of settings including schools, universities, youth services and trauma services in Australia, France, the Netherlands and Switzerland. She has a practice in Lindfield where she works with adults, children, adolescents and families and is also a trained couples counsellor and has completed training with The Gottman Institute. She also runs groups for children and adolescents on a range of topics relevant to young people such as anxiety, ADHD, ASD, chronic illness, social skills and HSC stress. Lorraine is a senior trainer for the Resourceful Adolescents Resilience Programs with Queensland University of Technology's School of Psychology.

For enquiries:

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