

GIVING BLOOD FEELS GOOD

Every donation can save three lives.

Mobile Blood Service visiting:

Hornsby

William Street Car Park

Monday 19 June	1.30pm – 6.30pm
Tuesday 20 June	1.30pm – 6.30pm
Wednesday 21 June	11.30am – 4.30pm

Drink up! Have 3 or 4 glasses of water or juice in the hours before you donate

Eat! Have a good sized breakfast or lunch

Please bring photo I.D. with you

To make an appointment call **13 14 95**
or visit donateblood.com.au

 Australian Red Cross
BLOOD SERVICE