

# ROLL UP YOUR SLEEVES AND GIVE BLOOD

**Mobile Blood Service visiting:**

**Hornsby**

William Street Car Park

**Tuesday 28 June**

**11.30am – 4.30pm**

**Wednesday 29 June**

**1.30pm – 6.30pm**

**Thursday 30 June**

**11.30am – 4.30pm**

**Drink up!** Have 3 or 4 glasses of water or juice in the hours before you do

**Eat!** Have a good sized breakfast or lunch

**Please bring photo I.D. with you**

To make an appointment call **13 14 95**  
or visit [donateblood.com.au](http://donateblood.com.au)



**Australian Red Cross  
BLOOD SERVICE**