BMX is a fast and fun action sport with jumps and turns on a track which can be 300 to 400 metres in length.

When Riders become experienced in BMX they can launch down 5-8 metre start ramps, navigate over jumps and fly around berms.

The sport is exciting, action packed and is great exercise for kids and adults alike.

MEMBERSHIP OPTIONS

4 MONTH MEMBERSHIP
This option lets you try BMX racing before purchasing a full year licence. If you like BMX racing you can then upgrade to a full BMX Australia membership and use the 4 month membership for a discount.

BMX MINI WHEELER MEMBERSHIP
Ages 2 - 4; BMX Australia’s entry level membership using balance bikes to learn the elementary skills for riding. Participation class.

SPROCKET ROCKET
Ages 5 - 7; participation class. Includes a Sprocket pack.

CLUB MEMBERSHIP
All Riders from 8 years and above. Allows you to ride at club level events hosted by the Club you have joined.

OPEN MEMBERSHIP
All Riders from 8 years and above. Allows you to ride in all Club, State and National Events.

Memberships (except 4 month memberships) are valid for 12 months from date of purchase and must be renewed each year through your club administration.

FAST FUN AND ACTION PACKED

YOUR LOCAL CLUB DETAILS

Castle Hill BMX Club
Fred Caterson
Reserve, Castle Hill

National Sign on Day
2-4pm
Saturday, 18th Feb 2017

Contact:
castlehillbmx@hotmail.com

BMX Australia
(02) 9008 1300
info@bmxaustralia.com.au
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@BMXAustralia
@BMXAustralia
WHAT IS BMX?
BMX (Bicycle Moto Cross) is one of the fastest growing sports in Australia. It is one of the only sports where total family participation can take place. Riders of all ages (from 2 to 50+) can compete in organised race meetings throughout Australia.

The sport of BMX racing ranges from Club level right through to State, National and World Championship level for all ages. BMX is also an Elite Olympic sport! Any rider has the chance to ride at National Championships and compete in World Championships.

WHAT TO WEAR?
- LONG PANTS or track pants that are fitted at the ankle are acceptable to race in.
- LONG SLEEVE TOP or Race Jersey that is fitted at the wrist.
- Any type of GLOVES that have complete hand and finger protection.
- A full face HELMET that covers the ears. Some Clubs have a spare that you can borrow.
- You must wear fully enclosed SHOES to protect your feet.

FAMILY INVOLVEMENT
BMX is a family sport where great friendships can be made and the competition structure can give families

EQUIPMENT
Any 20 inch or 24 inch (cruiser) BMX bike will be fine. Remove any mudguards, chain guards, kick stand, pegs and reflectors, for the safety of yourself and other riders. Ensure that there are no sharp edges on your handlebars (i.e. No torn grips with exposed metal) or pedals, etc. You need a rear hand brake that works.

One of the Officials will check your bike for you and help with any minor adjustments.

BMX MINI WHEELER
BMX Min Wheelers aged between 2-4 will be able to develop basic skills, allowing their development in the sport as they progress on to the more traditional BMX bike around the age of five years of age.

All that is required is a balance bike (no pedals) with wheels no larger than 13inch, a helmet (full face or stack hats are permitted), long pants, long sleeved shirts, covered shoes and full fingered gloves. Knee and elbow pads can be used as additional safety gear.

MEMBERSHIP BENEFITS
- Access to BMX tracks in Australia, each one with a different and exciting design.
- Sport Accident Insurance coverage.
- Ability to compete in local, state, regional and national programs and win various titles, prizes and overall year-end rankings.