The workshop is designed for anyone who cares for or works with children who have issues with sadness, anger or anxiety. Including:

- Parents and other family members
- Teachers and aides
- Graduate therapists who would like more knowledge about working with children with a disability and emotional regulation difficulties

It aims to provide practical knowledge about:

- What is emotional regulation and how does it develop?
- Why do children with a disability often have difficulty with emotional self-regulation?

Thursday 31 March
9.30am – 2.30pm
St Lucy’s School
21 Cleveland St, Wahroonga

Presented by:
Anna Schwarz, School Psychologist
Lauren Mills, Senior Occupational Therapist

Morning tea and a light lunch will be served.

Does your child have meltdowns?
Do they seem to go from 0-100 in seconds?
Then this workshop is for you!